FROM APES TO FARMERS

The history of humankind is rooted in a part of the animal kingdom that includes monkeys, apes, and other primates. It took millions of years of evolution - over countless generations – for apelike ancestors to become modern Homo sapiens.

Scientific evidence links all humans to apes. Specifically, chimpanzees are our closest non-human relatives, and DNA – the ultimate bloodline indicator – suggests that we separated from a common ancestor some 6.5 million years ago (MYA). Indeed, humans are apes – albeit in an upright, naked form.

Monkeys, apes, and humans are primates that have a large brain, grasping digits, forward-facing eyes, and nails instead of claws. Fossilized remains of animals that lived in the distant past provide tantalizing evidence of just how apes became modern humans. Skeletons turn into fossils when they become mineralized into rock – a process that usually takes at least 10,000 years. Fossilized

remains are usually fragmentary, but an expertise in anatomy helps scientists use the fossil record to reconstruct extinct species. Fossils can also be dated so scientists can build up a chronology of evolutionary change. For example, African fossils of a primate called Proconsul, dated to 21-14 MYA, resembled a monkey. But it lacked a tail - a feature more typical of apes – suggesting that *Proconsul* could have been the earliest known member of the ape family.

Hominids and hominins

Modern great apes (gorillas, orang-utans, and chimpanzees), humans, and their prehistoric relatives are united in a biological family called hominids. As well

"We can see the focus, the centre of evolution, for modern humans in Africa." CHRIS STRINGER, BRITISH ANTHROPOLOGIST

as lacking a tail, they have bigger brains than their monkey ancestors. This meant that many prehistoric hominids doubtless used tools to forage for food – just as chimpanzees do today. Great apes also became bigger than monkeys and many spent more time on the ground. One group evolved to walk on two legs, which freed grasping hands for other tasks.



 \triangle Flint and stone For nearly 2 million years, human technology was represented by stone flake tools and hand axes. These were made by hitting flint or other workable rock with stone to produce sharp cutting edges.

This group – called hominins – includes humans and their immediate ancestors, and dates back at least 6.2–6.0 million years to the species Orrorin tugenensis - a very early bipedal hominin found in Kenya.

The first humans

Not all hominins were direct ancestors of living people, but at least one branch of the genus Australopithecus might have been. Belonging to the genus Homo, the first humans were fully bipedal, with arched feet that no longer had opposable grasping toes and an S-shaped spine centred above a wide pelvis. Such adaptations helped them run quickly on open ground. The earliest species -Homo habilis, from 2.4 MYA - may have

THE RISE OF MODERN HUMANS

 \triangle Lucy

Shown here are the fossilized

remains of the apelike Lucy a member of the genus

Africa from over 3 MYA. The

fossil is sufficiently complete to suggest that Lucy walked

Australopithecus from east

upright on two legs.

Even before the emergence of modern humans (Homo sapiens) almost 300,000 YA, hominins had developed the traits that would make them a dominating force on the planet. From just under I MYA, hominins were controlling fire for cooking, and later to help with manufacturing processes. But with Homo sapiens came a more complex culture. Archaeological evidence indicates that these modern humans dispersed widely from their centre of origin in Africa before 200,000 YA.



South Africa, for painting or as part of a tool handle



Close cousins

Neanderthals – the closest extinct human species to modern humans, *Homo sapiens* – had larger skulls with more prominent eyebrows. *Homo sapiens* and Neanderthals were sufficiently similar to interbreed where they coexisted.

remained in Africa, but we know that later other *Homo* species dispersed widely across Eurasia.

The rise of Homo sapiens

Only one species of human – *Homo* sapiens – came to dominate the world after emerging from Africa about a quarter of a million years ago. Remarkably, brain capacity doubled between *Homo habilis* and *Homo sapiens*. Bigger brainpower meant that humans could skilfully manipulate the environment and resources around them – ultimately leading to the emergence of complex cultures and technologies.

For much of its time, *Homo sapiens* coexisted with other human species. In Ice-Age Eurasia, chunky-bodied Neanderthals (*Homo neanderthalensis*) successfully lived in a range of environmental conditions, developing their own advanced

cultures. But the world's climate became especially unsuitable, and only *Homo sapiens* prevailed. They spread further – reaching Australia by 65,000 YA and South America possibly by 18,500 YA. Evidently, *Homo sapiens* had the social structures to succeed in ways that their competitors could not. The first modern humans were efficient huntergatherers, inventing new technologies that helped them



acquire more food and travel further. This meant that they thrived in many different places, from the frozen Arctic to the hot tropics. Then, within the last 20,000 years, all around the world modern humans began to abandon their nomadic ways in favour of fixed settlements, turning their skills to farming the land, supporting bigger societies and – ultimately – setting the seeds of civilization itself.

\triangle Early artists

These depictions of Ice Age animals on the walls of the Lascaux caves in southern France are about 17,000 years old. Similar paintings nearby show that prehistoric humans had developed a degree of creative expression as early as 30,000 years ago.



THE FIRST HUMANS

The human story began in Africa 7 or 6 million years ago. Through the fossil record of this vast continent we can draw a complex family tree of human relatives of which our species, Homo sapiens, is the last to survive.

We have fossil evidence for the existence of about 20 different species of African "hominin" - members of the human lineage that diverged from that of chimpanzees 7-10 million years ago. Each has been assigned to a biological group or "genus", but the relationships between the groups and species are still debated. Only certain hominins were the ancestors of modern humans; others, such as the Paranthropus species, may represent evolutionary dead ends.

Human evolution was not an inevitable, linear progression from apes. Some of our ancestors developed adaptations - in different combinations - that would ultimately mark out modern humans. Perhaps most notably, a larger brain enabled complex thought and behaviour, including the development of stone-tool technologies, while walking on two legs became the main form of locomotion.

The earliest fossils assigned to our species - dated to around 300,000 years ago - were found in Morocco, but other early specimens have been found widely dispersed across Africa. This has led scientists to believe that the evolution of modern humans probably happened on a continental scale.

"I think Africa was the cradle, the crucible that created us as Homo sapiens."

PALEOANTHROPOLOGIST DONALD JOHANSON, 2006



Mountains

 \bigcirc

Dar-es-Soltan

lebe Irhoud

EARLY HOMININ MIGRATION

Archaeological evidence from Asia and Europe suggests that by about 2 million years ago, hominins had begun to leave Africa for the first time - long before Homo sapiens began to disperse (see pp.16-17). Experts once assumed that the migration corresponded with the appearance of Homo ergaster, but older species might have been the pioneers - a 1.7-million-year-old fossil found in Dmanisi, Georgia, resembles the earlier Homo habilis. The earliest known hominin fossils from Southeast Asia are of Homo erectus - an Asian variant of Homo ergaster, found on the the island of Java and dating to 1.8 million years ago. Stone tools from the Nihewan Basin, China, date to 1.6 million years ago. Two sites in Spain's Sierra de Atapuerca show that hominins had reached western Europe by 1.2 million years ago.



KEY Likely route

O Sites of fossil finds





MYSTERIOUS DENISOVANS 150,000-50,000 YA

DNA analysis of a finger bone and two teeth from Denisova Cave in Siberia has identified a previously unknown and distinct population, the Denisovans. Although their remains have only been found at one site, their genes indicate that they were widespread. Contemporaries of the Neanderthals, they also interbred with this species, as well as with Homo sapiens.

Fossil site

Ust-mil

Zhoukoudian

Yana

45,000 YA Tools,

and rhinoceros bones, show humans

living above the Arctic Circle

during the Ice Age

Tianyuan Cave

Jerimala

SPN SPN

along with mammoth

120,000-80,000 YA Human remains at Tianyuan cave are the oldest in east Asia nashita-chc

stone axes were found buried in dated volcanic sediment layers

40,000 YA Around 70

 \triangle The emergence of art The Venus of Brassempouy (France), dating to about 25,000 years ago, features one of the earliest known representations of the human face.

Matenkupkum, Balof and Panakiwuk

CENTRAL TO EAST ASIA 120.000-45.000 YA

Populations that spread to central and eastern Asia probably came from those that had originally colonized coastal southern Asia. The cold, bleak environments they encountered to the north would have demanded great adaptability. Those that reached the far northeast would give rise to the populations that went on to colonize the Americas.

> Archaeological site Migration routes

uon Peninsula

Fossil site

OUT OF AFRICA

The modern human, Homo sapiens, is a truly global species, inhabiting every continent. Our colonization of the planet started before 177,000 years ago, when groups began dispersing from their African homeland. By 40,000 years ago, our species lived in northern Europe and central and east Asia, and had crossed the sea to Australia.

Ancient hominins had moved from Africa into Asia and Europe well over a million years before our species first appeared (see p.14). But the details of how Homo sapiens relates to these earlier species are still emerging gradually with every fossil and archaeological discovery from the period. Genetic and archaeological

evidence now overwhelmingly favours the Recent African Origin model, also known as the "Out-of-Africa" theory, which proposes that Homo sapiens evolved in Africa and later spread across the Old World, replacing all other hominin species.

Homo sapiens first left Africa some time after 200,000 years ago, and some groups appear to have reached east Asia by at least 80,000

years ago, and perhaps as early as 120,000 years ago. Either via the Horn of Africa or the Sinai Peninsula, the first migrants travelled east along Asia's southern coastline, and either north into China or eastwards across Southeast Asia. Subsequent groups headed through central and eastern Asia and finally northwest into Europe.

As they moved into new territories, *Homo sapiens*' progress may have been hindered, particularly in Europe, by their encounters with other hominins, including Neanderthals and Denisovans. Little is yet known of the Denisovans, but the Neanderthal was the first fossil hominin discovered and is now known from thousands of specimens. Evidence of interaction with both species lives on in our genes.

"I, too, am convinced that our ancestors came from Africa."

KENYAN PALAEOANTHROPOLOGIST RICHARD LEAKEY, 2005

THE STORY IN OUR GENES EVIDENCE IN HUMAN DNA

By comparing the genetic make-up of living people from all over the world, scientists are able to analyse the evolutionary relationships between different populations. This has enabled them to confirm our African origins and describe how and when our species spread around the world. Genetic material (DNA) has also been extracted from the fossils of some extinct species. Analysis of the DNA of Neanderthals and Denisovans has revealed that they both interbred with Homo sapiens and contributed some of their genes to modern human populations.

The Vedda people of Sri Lanka

DNA analysis has been used to show that these are the earliest native inhabitants of Sri Lanka.



THE FIRST AUSTRALIANS

More than 60,000 years ago, hardy, resourceful people arrived in Australia after crossing the seas from Asia. They became Aboriginal Australians and went on to establish a unique way of life with a distinct culture.

During the last ice age, Australia, New Guinea, and Tasmania were joined in a single landmass (see p.17), which was colonized by a seafaring people who crossed the seas from Asia on bamboo vessels. These people were the first Australians. Their journey through the continent followed coastlines and river valleys. Archaeological evidence



△ Ancient art Discovered in western Australia in 1891, the ancient Bradshaw rock paintings show human figures engaged in display or hunting.

suggests that by 30,000 years ago, they had spread far and wide, from Tasmania in the south to the Swan River in the west and northwards into New Guinea.

Indigenous Australians

Australia's indigenous peoples were seminomadic; instead of developing agricultural societies, they moved with the seasons. They lived in small family groups but were connected through extensive social networks. Already adept at hunting and gathering, they developed new technologies such as boomerangs, fish traps, and stone axes shaped by

grinding. Over time, the groups became culturally diverse. In the far north, people of the Torres Strait – between Australia and New Guinea – became distinct from the Australian Aborigines. Aboriginal life became centred on relationships between people and the natural world, or "Country", which included animals, plants, and rocks. These links, which have lasted into modern life, are formalized in the "Dreaming": oral histories of creation combined with moral codes , some of which are reflected in art.











PEOPLING THE AMERICAS

By the time Columbus set foot in the Americas in 1492, the continents had been peopled for thousands of years. The real discoverers of these new worlds had come from Siberia. They conquered ice and snow and trekked enormous distances to colonize a landmass of prairieland, desert, rainforest, and mountains.

Some 24,000 years ago the world was locked in an ice age, when an Arctic ice sheet covered much of the northern world. With so much water frozen in glaciers, ocean levels were low enough to expose a connection of land, known as Beringia, between Asia and North America. This meant that people could walk across from one continent to the other, until their way became blocked as ice sheets closed in on them. There, America's founding peoples were isolated for thousands of years, until warmer times melted the ice and opened up corridors to the south, possibly as early as 20,000 YA. DNA evidence from archaeological sites and the DNA of Native

DNA evidence from archaeological sites and the DNA of Native Americans alive today shows that two distinct populations split from the founding group that had entered the new lands across Beringia.

Only one of these went on to settle the Americas – the ancestors of Native Americans. The other population – known as the Ancient Beringians – may have been isolated on or outside Beringia until after the glacial melt, as evidence of their DNA is distinct from that of any past or present Native Americans. Genetics show that between 17,500 and 14,600 YA, the group that had entered America branched again into two new lineages, northern and southern. People who continued further followed routes along the Pacific coast and far into the interior. Some became separated over vast distances, but remained genetically similar, suggesting that they moved rapidly. Within a few thousand years, they had established themselves in Central America, and just centuries after that had entered Patagonia.

Americans. Theirs was a colonization the likes and scale of which... would never be repeated." "They made prehistory, those latter-day Asians who, by jumping continents became the first

DAVID J MELTZER, FIRST PEOPLES IN A NEW WORLD: COLONIZING ICE AGE AMERICA, 2009

THE CLOVIS STONE AGE HUNTERS

The hunter-gatherer Clovis people were once viewed as the first Americans, but archaeological sites pre-dating the Clovis period show this is not the case. However, the Clovis became a widespread influence. They used bifacial stone points and blades to hunt many of North America's large mammals, such as bison, mammoths, and sabre-tooth cats. In addition to the changing climate and habitats of these species, hunters were possibly one of the main factors that led to their extinction.



Extinct sabre-toothed cat



 \triangle **Innovative tools** Wooden tools called adzes had blades made from stone that were sufficiently strong to fell trees, open up land for pasture, or dig hard ground.

THE FIRST FARMERS

Working the land to grow food was an entirely new way of life for prehistoric humans. It turned them from nomads into farmers – and created settlements with permanent buildings, larger societies, and the potential to develop more elaborate technology and culture.

The earliest humans mostly lived in small nomadic bands and went wherever food was plentiful. They tracked the migrations of large animals as they hunted for meat, just as they followed the seasonal bounties of fruit and seeds. They built – and rebuilt – simple camps, carrying a few lightweight belongings with them.

This hunter-gatherer existence supported humans through the last ice age, but, about 12,000 years ago, a rise in Earth's temperature opened up a world of alternative possibilities. One species of human – *Homo sapiens* – successfully emerged into this warmer world. By this time, these modern humans had spread far beyond their African ancestral home into Asia, Australasia, and America. And independently, all over the world, they had begun creating permanent farming settlements.

Settling down

Permanent camps with stronger houses made sense in places where the land was especially fertile – such as on floodplains of rivers. Settlers could support more hungry

mouths by hunting, fishing, and gathering plant food around a local foraging ground that was rich in resources. This was just a small step from farming as

▷ Early farming villages This settlement at Mehrgarh in modern Pakistan dates from 7000 BCE. It had mud-brick houses and granaries to

store surplus cultivated cereal.



it was more convenient to nurture or transplant food plants closer to home, or plant their seeds and tubers (some recent evidence suggests people had started to do this as early as 23,000 years ago) – while the most amenable wild animals were confined to pens. These first farms produced more food to feed more people, so settlements could grow bigger and even produce a surplus to help with leaner times. Valuable food stores – defended from competing camps – became another reason to stay in one place.

Domestication

By about 10,000 BCE, agriculture had emerged in Eurasia, New Guinea, and America, with farmers relying on local plants and animals as favoured sources of food. They learned that some species were more useful than others, and so these became staple parts of their diets.

In the fertile floodplains of Mesopotamia (modern Iraq), local wild wheat and barley became the cereals of choice, while goats and sheep provided meat. East Asia's main cereal was rice, and in Central America, farmers cultivated

maize. In all cases, the first farmers selected the most manageable and highyielding plants and animals. Over time and generations, their choices would change the traits of wild species, as crops and livestock passed on their characteristics to form the domesticated varieties we use today. With

SETTLED LIVING

As modern humans dispersed around the world, they relied on local plants and animals for sustenance. Nomadic societies gave way to settled communities as people planted the first crops or corralled the first livestock. Domestication of wild species began from about 12,000 years ago. The first farmers used the most edible species that were easiest to harvest, growing their food in abundance, providing enough to support larger populations, and ultimately out-competing hunter-gatherers.



\lhd Working the land

A wooden model, from 2000 BCE, of a man ploughing the land with oxen, depicts the earliest kind of scratch plough, which cut a furrow through hard ground ready for sowing seeds.

domestication, settlements became increasingly reliant on the limited kinds of plants and animals that provided the bulk of their food. As a result, although food was plentiful it sometimes lacked dietary balance. More time was needed to work the land, and livestock could be lost during droughts. People's health was often poor, as crowded settlements encouraged the spread of infectious disease among humans as well as their livestock.

Ultimately, agriculture's success, or otherwise, was a trade-off between these risks and benefits. In some parts of the world – such as the Australian interior – conditions

"Farming was the precondition for the development of ... civilizations in Egypt, Mesopotamia, the Indus Valley, China, the Americas, and Africa."

GRAEME BARKER, BRITISH ARCHAEOLOGIST, FROM AGRICULTURAL REVOLUTION IN PREHISTORY, 2006

favoured more traditional nomadic lifestyles, and here humans largely remained hunter-gatherers. As farmers gained a better understanding

of the needs of their crops and livestock, they developed ways of overcoming risks and increasing productivity. They learned how to use animal dung as fertilizer or to irrigate the land by diverting rivers – curtailing effects of seasonal drought. In Egypt, for example, the waters of the Nile were used for large-scale irrigation of farmland, helping to lengthen growing seasons.

Over time, food productivity became material wealth: more food not only fed more people but facilitated trade, too. At the same time, larger settlements could support people with different skills, such as craftsmen and merchants. It meant that the agricultural revolution would have farreaching consequences for the history of humankind – including the emergence of industrial towns and cities.



 \triangle Feral ancestor The Armenian mouflon from southwestern Asia is the possible ancestor of the domesticated sheep, which was one of the earliest animal species to be tamed, at around 10,000 BCE.



ORIGINS OF AGRICULTURE

When hunter-gatherers abandoned their nomadic life and became the first farmers, they were doing more than feeding their families. They were kick-starting an agricultural revolution that would have enormous implications for the future of humanity.

Evidence for agriculture's origins comes from archaeology and from DNA of crops or livestock, and their wild counterparts. No-one knows exactly why people started to work the land. Perhaps they transplanted wild crops closer to home for convenience, or saw the potential of germinating seeds. Whatever happened, as climates warmed in the wake of the Ice Age and populations swelled, people around the world – entirely independently - became tied to farming. It brought a stable source of nourishment and sometimes, when yields were good, a surplus to sustain people through leaner times. Tending crops or corralling livestock demanded that communities stayed in one place long enough to reap the harvest. Other reasons for staying in one location would have been that the new farming tools were too heavy to carry from place to place and any food surplus had to be stored. While agrarian settlements grew to become the seeds of civilization, their communities spread, taking their skills, plants, and livestock with them.

"... Almost all of us are farmers or else are fed by farmers"

JARED DIAMOND, FROM GUNS, GERMS, AND STEEL, 1997

DOMESTICATION REVOLUTION WILD SPECIES TO CROPS AND LIVESTOCK

The crops and livestock that humankind uses today descended from wild species that had rather different characteristics. Farmers chose to breed from individuals that served them best, such as by selecting ones that provided better yields or were more easily managed. This so-called artificial selection, applied over many generations and sometimes across centuries, gave rise to domesticated forms of plants and animals.

Produce of artificial selection Bigger cobs of domesticated maize (left) are descended from wild maize (right).





ADVENT OF AGRICULTURE

Agriculture arose independently in different parts of the world, before diffusing into adjacent regions. Each area developed its own specific crops, dependent on the region's climate, and some produce went on to become globally important as communities expanded across the world.





VILLAGES TO TOWNS

As nomadic hunter-gatherers began farming, for the first time in history human populations became anchored to fixed points on a map of civilization. Settlements grew in size and complexity; the first villages became the first towns.

Just as agriculture turned humans into a more sedentary species, so the settlements they made drove the attributes of modern human society: material accumulation, industry, and trade. This happened in places around the world, but nowhere is the evidence for it clearer than in southwest Asia. Here the first farmers produced enough food on fertile soils to support denser populations. Although life was labour-intensive, and there was a greater risk of disease from overcrowding and malnutrition, there were benefits of living together in one place over a long period. People could concentrate on producing a surplus and perfect skills to make their lives easier. Clay was baked into bricks for making stronger houses or fashioned into large storage vessels. As towns grew they were sometimes fortified with surrounding walls. Shells from the Mediterranean showed wide trade links developing, while copper gradually supplanted flint for better tools. As society itself divided into craftspeople, merchants, and their leaders, these first local industries brought material wealth that formed the basis of the first exchange economies.

"... it made sense for men to band together... for... management of the environment."

JM ROBERTS, FROM HISTORY OF THE WORLD, 1990

POTTERY IN THE STONE AGE HARNESSING THE POTENTIAL OF CLAY

Fired clay had been used to make figurines and pots before 20,000 YA. It later became important in constructing dwellings. Wet clay was used to reinforce brushwood walls. Solid bricks gave protection from the elements and enemies, while creative clay technology was used to fashion more decorative pots.

Halaf vase

Mesopotamian pottery was decorated with geometric designs as early as 6000 BCE.





